Be Smart.

Lockers are available for rent and for daily personal use to store your valuable items. Do not leave treasured items in plain sight.

Be Prepared.

If you are wanting to use the pool or shower, please bring your own towel. Sweat towels are supplied.

Be Clean.

Please wipe down your equipment when you have completed your workout.

Be Courteous.

If someone is waiting for your machine, don't stay on it for more than 30 minutes. Also, kindly unrack your weights when you are finished.

Be Well.

Orientations are offered on the pool and all equipment throughout the wellness center. The Wellness Staff would be happy to assist you with any questions you may have.





Glenn Korff

About the Korff Fitness & Wellness Center

The new Korff Fitness & Wellness Center was made possible because of a generous gift from the estate of Hebron native, Glenn Korff.

It was always important to Glenn to give back to his hometown, and this center stands as a lasting legacy to his commitment to health and fitness. The services provided will have a positive impact on the overall health of local residents for generations to come.

Thayer County Health Services is excited to be able to provide prevention and wellness services to those living in the local communities. We are grateful for this modern facility to help improve the health of those we serve.

If you have not been out to visit the Korff Fitness and Wellness Center, we invite you to stop by to check out the facility and all it has to offer.









120 Park Avenue, Hebron, NE 68370 main line: 402.768.6041 | wellness: 402.768.4320 www.ThayerCountyHealth.com

Welcome to the Korff Fitness & Wellness Center -

Thayer County Health Services is proud to offer our community a full service fitness and wellness facility.

We are here to help you get and stay healthy, plus have fun, too!

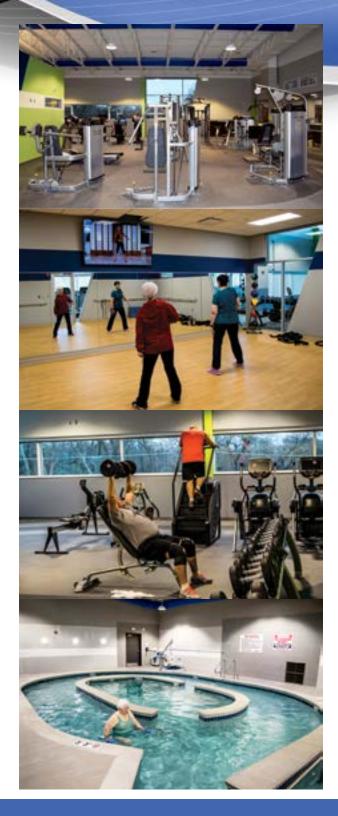
Our Services

- Equipment Orientations
- Aerobics Room with On-Demand kiosk

Equipment

- Indoor Walking Track
- Heated Therapy Pool with walking track
- Cybex Equipment
- Stationary Bikes
- Rowing Machine
- Treadmills
- Arc Trainers
- Free Weights





Membership Pricing

No enrollment or contract fees

Individual Memberships

1 months: \$32

6 months: \$173 12 months: \$326

Family Memberships (Spouse and all dependent children under the age of 18 or unmarried fulltime students up to age 22. Dependents must be on parent's tax return.)

1 months: \$49

6 months: \$265 12 months: \$500

Senior Individual Memberships

(62 years +) 1 months: \$29

6 months: \$157 12 months: \$296

Senior Family Memberships

1 months: \$39

6 months: \$211 12 months: \$398

Student Memberships

(Students 14-24 with evidence of full time enrollment

status)

1 months: \$26

6 months: \$140 12 months: \$265

Guest Passes

1 day: \$5

6 visit punch card: \$25

Corporate Pricing Available

Please call 402.768.4320 to discuss rates.

Staffed Hours

For information on hours, call **402.768.4320**, 'Like' the Korff Fitness & Wellness Center on Facebook, or visit our website, www.ThayerCountyHealth.com.

24/7 access is available with signed waiver Pool available during staffed hours only

(Based on usage, hours subject to change)

Child Access Policy: Children must be 9 years of age or older to use the facility.